



12850 Middlebrook Rd, Ste 200
Germantown MD, 20874
(301)540-5900

Child and Adolescent Psychologist List:

Lauren A Messina, PhD, LCMFT, DipACLM

Evergreen Child and Family Therapy
Location: 100% Virtual
Phone: (240)285-9195

Jessica Brenneman, MS, LCMFT

Evergreen Child and Family Therapy
Location: 100% Virtual
Phone: (240)285-9195

Robyn Pashby, PhD

Health Psychology Partners
Location: Virtual and In-Person
5506 Connecticut Ave
Washington, DC 20015
Phone: (202)302-422

Tatiana Aviles

Bilingual Counseling LCSW-C
Location: 100% Virtual
Phone: (301)820-2352
Insurances: BCBS/Carefirst, Medicaid
*Spanish & English

Psychology Today

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location, age, types of therapy and
more!

Margie Underwood, MA, LCPC

Location: 100% Virtual

Phone: (240)702-1044

Bilingual English and Spanish

Sugarloaf Counseling & Psychotherapy Associates

Location: 100% Virtual

Phone: (301)428-3557

Insurance: Aetna, Carefirst/ BCBS, Cigna, GEHA, Johns Hopkins, UHC

Kentlands Psychotherapy

Location: Virtual and In-Person

301 Inspiration Lane, Second Floor

Gaithersburg, MD 20878

Phone: (240)252-3349

Orchard Mental Health Group

Location: Virtual and In-Person

9707 Key West Ave.

Rockville MD, 20850

10 N Jefferson St, Ste 202

Frederick MD 21701

Phone: (240)750-6467

Insurance: Aetna, BCBS/ Carefirst, Cigna, Johns Hopkins, Optum/UHC, Tricare

Melissa Ward, MS, LCPC, NCC, Counseling Services

Location: Virtual and In-person

5 N Bentz St

Frederick, MD 21701

Phone: (301)861-4877

Vesta, Inc.

Location: In-person

20410 Observation Drive, Suite 212

Germantown, MD 20876

Phone: (240)296-6353

Insurance: Medicaid

MPB Group, Inc.

Location: In-person
6440 Dobbin Road, Suite D
Columbia, MD 21045
Phone: (410)673-4313
Insurance: BCBS, Medicaid

Brook Lane Health Services

Therapy and medication management
Location: In-person
4540-B Mack Ave
Frederick MD 21703
Phone: (301)733-0331 x1703
Insurance: Most insurances and MD medicaid

Debbie Schiffman

Olney Therapy
Location: Virtual and In-person
2923 Olney Sandy Spring Road, Ste A
Olney MD, 20832
Phone: (518)300-4929
Insurance: Participates with most commercial insurances

Kacey Hughes, LCPC

Location: Virtual and In-person
Frederick, Maryland 21701
Phone: (240)712-5578
Insurances: BCBS/Carefirst, Cigna

Sarah Berger, PhD

Location: Virtual and In-person
7910 Woodmont Ave, Ste 745
Bethesda MD 20814
Phone: (301)501-0130

Thrive Behavioral Health:

Ivan Aryee

Location: In-person

Phone: (410)780-5203

Insurances: BCBS/Carefirst, Aetna, Cigna, Medicaid

Tidemark Intervention Services:

Location: Virtual and In-person

7822 Eastern Ave

Baltimore MD 21224

Phone: 1(800)847-6028

Insurance: BCBS/Carefirst, Cigna, Medicaid

Family First, Counseling and Psychiatry:

Location: In-person

17904 Georgia Ave, Suite 200

Olney, MD 20832

Phone: English: (240)304-3327 Espanol: (240)965-1741

Insurance: Most commercial insurances, medicaid

*Spanish & English

Willow Oak Therapy Center:

Location: Virtual and In-person

15701 Crabbs Branch Way

Rockville, MD 20855

Phone: (301)251-8965

Insurance: BCBS/Carefirst, Cigna, Medicaid, UHC

MedPsych Health Services:

Location: Virtual and In-person

6237 Executive Blvd

Rockville, MD 20852

Phone: (240)464-8000

Insurance: BCBS/Carefirst. Cigna, Johns Hopkins, Medicaid, UHC

*Spanish & English

Montgomery County Child and Adolescent Mental Health Program:

7300 Calhoun PI
Rockville, MD 20855
Phone: (240)777-1432
Insurance: Medicaid
Spanish & English

All Day Medical Care Clinic:

Location: Virtual and In-person
702 Russell Avenue, Suite 310,
Gaithersburg, MD 10877
Phone: (301)330-0006
Insurance: Most major insurance companies, Medicaid

Advanced Behavioral Health:

Location: Virtual and In-person
16220 Frederick Road, Suite 310
Gaithersburg, MD 20877
Phone: (301)345-1022
Insurance: Major insurance companies, Medicaid

All is Well, Inc

Location: 100% Virtual
Phone: (240)263-0500

Aspire Counseling:

Location: In-person
16220 Frederick Road, Suite 502,
Gaithersburg, MD 20877
Phone: (301)978-9750

Heuristic Therapeutic Services:

Location: In-person
19707 Executive Park Circle
Germantown, MD 20874
Phone: (301)250-9965
Insurance: Carefirst/BCBS, Cigna, Medicaid
*Spanish & English

Shady Grove Behavioral Health

Adventist Health

Location: In-person

14901 Broschart Rd

Rockville, MD 20850

Phone: (301)251-4500

Insurances: Most major insurances, Medicaid

Gender Identity Therapists:

Timothy Elliott, LICSW

Location: Virtual or In-person
3801 N Fairfax Drive, Ste 30
Arlington, VA 22203
(703) 884-2179

Children's Gender Clinic

Children's Hospital
(202)476-5980

Michael Mancilla, LICSW

Location: Virtual and In-person
1629 K St NW #300
Washington, DC 20006
Phone: (202)656-7132